



Progress vs. Environmental Destruction

Technological advances and economic development have transformed society, facilitating communication and improving quality of life. However, this progress often comes with a serious environmental impact, including resource overexploitation and pollution. The contradiction between growth and sustainability emphasizes the need for a balance that allows progress without compromising the planet's future.



Digital Connection vs. Social Isolation

Young people are more connected than ever before, thanks to social media and technology. However, many experience feelings of isolation, loneliness, and difficulty forming deep connections with others. There is a paradox of being highly connected virtually, yet feeling emotionally alone.



Military Spending vs. Investment in Education

Governments allocate enormous amounts of resources to armaments and defense, while essential sectors like education are often underfunded. This contradiction highlights a reality where preparation for war takes precedence over the education of future generations.



Accés a la informació vs. desinformació

Els joves tenen accés a una quantitat immensa d'informació a través d'internet, però també estan exposats a notícies falses, manipulació mediàtica i propaganda. Aquest fet pot dificultar la seva capacitat de discriminar entre el que és cert o fals.

Access to Information vs. Disinformation

Young people have access to an immense amount of information via the internet, but they are also exposed to fake news, media manipulation, and propaganda. This makes it difficult for them to distinguish between what is true and false.



Technology to Improve Life vs. Technological Dependence

Technology has improved life in many aspects, such as education, health, and communication. However, young people can also suffer from an over-reliance on digital devices and social media, which affects their mental health and their ability to disconnect.



Academic Success vs. Mental Health

Young people face great pressure to achieve academic success, but this drive for achievement is often accompanied by mental health issues such as anxiety, stress, and depression. There is a paradox in seeking success while simultaneously jeopardizing emotional well-being.



Globalized World vs. Loss of Local Identity

Young people have the opportunity to experience cultures from around the world, thanks to the internet and international travel. However, this globalization can also lead to the loss of local cultural identity, as many young people may feel more connected to global values than to their own cultural roots.



Rights and Freedoms vs. Social Control

Young people have more freedom to express themselves and make decisions about their lives, but they are also subject to increasing social control through digital surveillance, the use of social media by companies and governments, and societal expectations about how they should behave.



Extreme Wealth vs. Absolute Poverty

Luxury stores represent wealth, excess, and exclusivity, yet homeless people are sometimes found at their doors, begging for money. Here, the paradox of inequality is revealed: while some have access to goods that are inaccessible to the majority, others struggle to meet basic needs. This coexistence of extremes in the same space exposes the contradictions of the economic and social system, prompting us to reflect on the distribution of wealth and the priorities of today's society.



Access to Educational Information vs. Lack of Real Learning

Young people have access to more educational resources than ever before, through the internet and online platforms. However, many feel disoriented or overwhelmed, struggling to apply this knowledge to their daily lives or find opportunities to put it into practice.



Online Security and Privacy vs. Exposure on Social Networks

Young people are aware of the importance of their online security and privacy, yet many end up exposing a large amount of personal data on social media, or even having their lives negatively affected by this exposure.



Demand for Productivity vs. Need for Rest

In a world that promotes constant productivity, many young people feel pressured to perform at their best in all areas, whether it's in school, work, or extracurricular activities. However, they also need to rest and recover to maintain their mental and physical health, creating a tension between these two needs.